

What do do on a Bank Holiday!

You may not need any suggestions for this – especially if the weather is fine. However if the weather is wet and miserable and perhaps Dad has to go to work the notes below might be useful.

In Britain Bank holidays were first introduced in 1871 in the Bank Holiday Bill which was drafted by banker John Lubbock (1834-1913) an amateur botanist and friend of Charles Darwin. The humorous magazine *Punch* wrote about him:

*How doth the Banking Busy Bee,
Improve his shining Hours?
By studying on Bank Holidays,
Strange Insects and Wild Flowers!*

Have a **memory verse** marathon today and say all the verses you have learned so far. Little prizes could be awarded if appropriate.

Get outside as much as possible. Use your garden if you have one. Assuming the weather is good, eat outside with an old fashioned picnic if you have some grass. Spread a table cloth on the grass and set everything out in order.

If you cannot go out in the garden because you do not have one or it is pouring with rain, have your picnic indoors. Very small children love to give their toys a picnic and indoors is as good as out for toys!

Sports and races of all kinds can be adapted to the domestic garden however small with a little thought. If no garden is available and you cannot go out, try to do something similar indoors. Tiddlywinks round the house or even running on the spot, press ups, star jumps – anything to get moving with a competitive element if this suits your family.

If it is possible some favourite food, a special cake or anything not run-of-the-mill to eat would round off the day and make it feel more like a holiday.

